



FALL 2017 - DANCE SCHEDULE

v.8/25/17

AT STAR PILATES AND FITNESS
1460 Moraga Road, Suite F, Moraga, CA
Fall Session runs 8/28/17 - 12/15/17

MONDAY

| TRX ROOM | BARRE ROOM |
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| 2:45 – 3:40 – Ballet & Tap Combo (6–7+ K/1st)- L 3:45 – 4:40 – Hip Hop (Beg 7–8+) - J 4:45 – 5:40 – Hip Hop (Cont./Older Beg. 9-11+) - J 5:45 – 6:40 – Tap (Experienced 9-12+ y/o) - J 6:45 – 7:40 – Hip Hop (11+ y/o) - J 7:45 – 9:00 – <i>Group or Private Available - J</i> | 3:45 – 4:40 – Break into Tap & Jazz (Older Beg.9-11)-L 4:45 – 5:40 – Ballet (Beg./Cont. 8–9+ y/o) - L 5:45 – 6:40 – Contemporary (Beg./Cont. 8-10 y/o) -L |

TUESDAY

| TRX ROOM | BARRE ROOM |
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| 3:45 – 4:40 – Hip Hop (Beg./Cont. 8–9+ y/o) - J 4:45 – 5:40 – Hip Hop Swag (☆13+) - J 5:45 – 6:40 – Tap-Tastic (☆12+ y/o) - J 6:45 – 7:40 – Joy Crew Juniors (☆10–13+) - J 7:45 – 8:45 – Adult Hip Hop Gold - J | |

WEDNESDAY

| TRX ROOM | BARRE ROOM |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2:00 – 2:40 – Tap & Jazz Combo (4–6 y/o) - L 2:45 – 3:40 – Tap & Jazz Combo (7–8+ y/o) - L 3:45 – 4:40 – Hip Hop (Beg. 7–8+) - J 4:45 – 5:40 – Jazz (Experienced 11+ y/o) - L | 3:00 – 3:40 – Funky Freedom (4–6 y/o) - J 3:45 – 4:40 – Jazz (Continuing 9–11+ y/o) - L 4:45 – 5:40 – Boys Hip Hop (All 8–10+) - J |

THURSDAY

11:00 – 12:00 – **Adult Hip Hop Gold** – J (at Sizzling Latin - Lafayette)

| TRX ROOM | BARRE ROOM |
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| 3:00 – 3:40 – Funky Freedom (4–6+ y/o) - J 3:45 – 4:40 – Hip Hop (Beg./Cont. 8–9+ y/o) - J 4:45 – 5:40 – Joy Crew Minis (☆ 8–10) - J 5:45 – 6:40 – Tap (Continuing 8–10+) - J 6:45 – 7:40 – Hip Hop (11+ y/o) - J 7:45 – 8:45 – <i>Private High School Boys Tap Class - J</i> | 2:00 – 2:55 – Adult Tap Classics (Discount 60+) - L 3:00 – 3:40 – Ballet & Tap Combo (4–6 y/o) - L 3:45 – 4:40 – Ballet & Tap Combo (7–8+ y/o) - L 4:45 – 5:40 – Jazz (Beg./Cont. 8–9+ y/o) - L |

FRIDAY

| TRX ROOM | BARRE ROOM |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 3:00 – 3:40 – Little Tykes Boys (6–7+ y/o) - J 3:45 – 4:40 – Hip Hop (Beg. 7–8+) - J 4:45 – 5:40 – Contemporary (Beg./Cont. 11+) - L 5:45 – 6:40 – Hip Hop (Cont./Older Beg. 9-11+) - J 6:45 – 7:45 – <i>Group or Private Available - J</i> | 3:00 – 3:30 – Lil' Funky Freedom (3 y/o) - L 3:45 – 4:40 – Tap & Jazz Combo (7–8+ y/o) - L 4:45 – 5:40 – Boys Hip Hop (All 8–10+) - J |

J = Justin Cole, Instructor / L = Ms. Linda Craig, Instructor

TRX ROOM - Back Entrance closer to CVS

BARRE ROOM - Front Entrance closer to Moraga Rd