



WINTER SPRING 2018 - DANCE SCHEDULE

v.11/6/17

AT STAR PILATES AND FITNESS  
 1460 Moraga Road, Suite F, Moraga, CA  
*Winter Spring Session runs 1/2/18 - 6/1/18*

**MONDAY**

TRX ROOM	BARRE ROOM
3:45 – 4:40 – <b>Hip Hop</b> (Beg 7–8+) - J 4:45 – 5:40 – <b>Hip Hop</b> (Cont./Older Beg. 9-11+) - J 5:45 – 6:40 – <b>Contemporary</b> (Beg./Cont. 8-10 y/o) -L 6:45 – 7:40 – <b>Hip Hop</b> (11+ y/o) - J 7:45 – 9:00 – <i>Group or Private Available - J</i>	2:45 – 3:40 – <b>Ballet &amp; Tap Combo</b> (6–7+ K/1st)- L 3:45 – 4:40 – <b>Break into Tap &amp; Jazz</b> (Older Beg.9-11)-L 4:45 – 5:40 – <b>Ballet</b> (Beg./Cont. 8–9+ y/o) - L 5:45 – 6:40 – <b>Tap</b> (Experienced 9-12+ y/o) - J

**TUESDAY**

TRX ROOM	BARRE ROOM
3:45 – 4:40 – <b>Hip Hop</b> (Beg./Cont. 8–9+ y/o) - J 4:45 – 5:40 – <b>Hip Hop Swag</b> (☆13+) - J 5:45 – 6:40 – <b>Tap-Tastic</b> (☆12+ y/o) - J 6:45 – 7:40 – <b>Joy Crew Juniors</b> (☆10–13+) - J 7:45 – 8:45 – <b>Adult Hip Hop Gold</b> - J	

**WEDNESDAY**

TRX ROOM	BARRE ROOM
2:00 – 2:40 – <b>Tap &amp; Jazz Combo</b> (4–6 y/o) - L 2:45 – 3:40 – <b>Tap &amp; Jazz Combo</b> (7–8+ y/o) - L 3:45 – 4:40 – <b>Hip Hop</b> (Beg. 7–8+) - J 4:45 – 5:40 – <b>Jazz</b> (Experienced 11+ y/o) - L	3:00 – 3:40 – <b>Funky Freedom</b> (4–6 y/o) - J 3:45 – 4:40 – <b>Jazz</b> (Continuing 9–11+ y/o) - L 4:45 – 5:40 – <b>Boys Hip Hop</b> (All 8–10+) - J

**THURSDAY**

11:00 – 12:00 – **Adult Hip Hop Gold** – J (at Sizzling Latin - Lafayette)

TRX ROOM	BARRE ROOM
3:00 – 3:40 – <b>Funky Freedom</b> (4–6+ y/o) - J 3:45 – 4:40 – <b>Hip Hop</b> (Beg./Cont. 8–9+ y/o) - J 4:45 – 5:40 – <b>Joy Crew Minis</b> (☆ 8–10) - J 5:45 – 6:40 – <b>Tap</b> (Continuing 8–10+) - J 6:45 – 7:40 – <b>Hip Hop</b> (11+ y/o) - J 7:45 – 8:45 – <i>Private High School Boys Tap Class - J</i>	2:00 – 2:55 – <b>Adult Tap Classics</b> (Discount 60+) - L 3:00 – 3:40 – <b>Ballet &amp; Tap Combo</b> (4–6 y/o) - L 3:45 – 4:40 – <b>Ballet &amp; Tap Combo</b> (7–8+ y/o) - L 4:45 – 5:40 – <b>Jazz</b> (Beg./Cont. 8–9+ y/o) - L

**FRIDAY**

TRX ROOM	BARRE ROOM
3:00 – 3:40 – <b>Little Tykes Boys</b> (6–7+ y/o) - J 3:45 – 4:40 – <b>Hip Hop</b> (Beg. 7–8+) - J 4:45 – 5:40 – <b>Contemporary</b> (Beg./Cont. 11+) - L 5:45 – 6:40 – <b>Hip Hop</b> (Cont./Older Beg. 9-11+) - J 6:45 – 7:45 – <i>Group or Private Available - J</i>	3:00 – 3:30 – <b>Lil' Funky Freedom</b> (3 y/o) - L 3:45 – 4:40 – <b>Tap &amp; Jazz Combo</b> (7–8+ y/o) - L 4:45 – 5:40 – <b>Boys Hip Hop</b> (All 8–10+) - J

**J = Justin Cole, Instructor / L = Ms. Linda Craig, Instructor**

**TRX ROOM** - Back Entrance closer to CVS

**BARRE ROOM** - Front Entrance closer to Moraga Rd

Visit us at [www.joyinmotiondance.org](http://www.joyinmotiondance.org) to learn more.