



Joy in Motion's Winter/Spring 2024 Dance Schedule (Jan. 8 - May 23)

New = New to specific genre | **Beg.** = Beginning and good for older beginners or continuing younger dancers.

Beg./Cont. = Class appropriate for students continuing in the style or just starting but have body familiarity.

Cont. = Continuing dancers may have a few years of dance | **Int.** = Intermediate | **Adv.** = Advanced

* = Director Placement by Invitation. Must be enrolled by Joy in Motion.

! = Ballet is recommended for all Jazz and Contemporary students.

+ Must have at least 2 years of dance experience.

> = Cardio Jam will move indoors due to rain.

MONDAY - 16 weeks

Time	Studio 1 - Red	Studio 2 - Teal	Studio 3 - Yellow	Parking Lot	Studio 4 - Blue
11:00am - 12:00pm	>Adult Cardio Jam - Indoors - JM				
2:45pm - 3:15pm		Creative Ballet (Ages 3-4) - LC	Lil' Funky Freedom (Ages 3-4) - JM		
3:30pm - 4:15pm		Ballet & Tap (Ages 4-5) - LC	Hip Hop Beg./Cont. (Ages 5-6) - JM		
3:40pm - 4:35pm	Ballet Cont. (Ages 9-11) - BW				
4:30pm - 5:20pm		Ballet & Tap (Ages 5-6) - LC	Hip Hop Beg./Cont. (Ages 7-8) - JM		
4:40pm - 5:35pm	Contemporary Cont./Int. *! (Ages 9-11) - BW				
5:30pm - 6:25pm		Tap & Jazz (Ages 6-7) - LC			
5:40pm - 6:35pm			Hip Hop Beg./Cont. (Ages 8-11) - JM		
5:40pm - 6:50pm	Contemporary Int./Adv. *! (Ages 12+) - BW				
6:55pm - 7:50pm	Jazz Int. *! (Ages 12+) - BW				
6:45pm - 7:45pm		Can move indoors if necessary / Room TBD / dependent on numbers →		>Adult Cardio Jam - Outdoors - JM	
8:00pm - 9:00pm	Adult Yoga - BW				

TUESDAY - 19 weeks

<i>Time</i>	<i>Studio 1 - Red</i>	<i>Studio 2 - Teal</i>	<i>Studio 3 - Yellow</i>	<i>Studio 4 - Blue</i>
10:00am - 11:00am	Adult Yoga - BW			
11:15am - 12:15pm	Adult Jazz - BW			
3:30pm - 4:00pm		Creative Ballet (Ages 3-4) - LC		
3:35pm - 4:30pm	Ballet Beg./Cont. (Ages 8-11) - BW			
3:40pm - 4:25pm			Tap Beg./Cont. (Ages 8-11) - JC	
4:10pm - 5:00pm		Ballet & Tap (Ages 5-6) - LC		
4:35pm - 5:25pm			Tap Int./Adv. * (Ages 13+) - JC	
4:35pm - 5:45pm	Contemporary Adv. *! (Ages 13+) - BW			
5:05pm - 6:00pm		Ballet & Tap (Ages 6-7) - LC		
5:30pm - 6:25pm				
5:50pm - 6:45pm			Jazz Adv. *! (Ages 13-17) - BW	
6:05pm-7:00pm	Jazz Beg./Cont. ! (Ages 8-11) - LC			
6:30pm - 7:25pm		Hip Hop Int. +(Ages 11+) - TJR		
6:50pm - 8:00pm			Ballet Int./Adv. *(Ages 13+) - BW	
7:15pm - 8:15pm	<i>Adult warm-up in Red then move at 7:25 →</i>	Adult Hip Hop Int./Adv. - JC		
7:30pm - 8:25pm	Joy Crew Juniors *(Ages 12+) - TJR			
8:05pm - 8:50pm			Adult Tap Int. - BW	

WEDNESDAY - 19 weeks

<i>Time</i>	<i>Studio 1 - Red</i>	<i>Studio 2 - Teal</i>	<i>Studio 3 - Yellow</i>	<i>Studio 4 - Blue</i>	
11:00am - 12:00pm	Adult Hip Hop Int./Adv. - JC				
2:30pm - 3:15pm		Ballet & Tap (Ages 4-5) - LC			
2:30pm - 3:25pm	Hip Hop Int. +(Ages 10+) - JC				
3:00pm - 3:45pm			Hip Hop Beg./Cont. (Ages 5-6) - JM		
3:20pm - 4:10pm					
3:20pm - 4:15pm				Ballet & Tap (Ages 6-7) - LC	
3:30pm - 4:25pm	Jazz Beg./Cont. ! (Ages 8-11) - BW				
3:50pm - 4:40pm			Hip Hop Beg./Cont. (Ages 7-8) - JM		
4:20pm - 5:15pm			Tap & Jazz (Ages 6-7) - LC		
4:30pm - 5:40pm	Contemporary Cont./Int. *(Ages 10+) - BW				
4:45pm - 5:40pm			Hip Hop Beg./Cont. (Ages 8-11) - JM		
5:45pm - 6:40pm	Contemporary Beg. ! (Ages 8-11) - ST	Hip Hop Int. +(Ages 11+) - TJR	Ballet Cont./Int. (Ages 10+) - BW		
6:45pm - 7:40pm	Ballet Cont./Int. *(Ages 12+) - BW	Hip Hop Int./Adv. +(Ages 13-17) - TJR	Contemporary Beg./Cont. ! (Ages 10+) - ST		
7:45pm - 8:40pm					

THURSDAY - 19 weeks

Time	Studio 1 - Red	Studio 2 - Teal	Studio 3 - Yellow	Parking Lot	Studio 4 - Blue
9:30am - 10:30am	Adult Pilates Mat Workout - DR				
11:30am - 12:30pm	Adult Ballet - BW				
2:40pm - 3:10pm		Lil' Funky Freedom (Ages 3-4) - JM			
3:15pm - 3:55pm			Funky Freedom (Ages 4.5-5) - JM		
3:45pm - 4:35pm		Ballet & Tap (Ages 5-6) - ST			
3:45pm - 4:40pm	Jazz Cont./Int. *! (Ages 10+) - BW		Hip Hop Int. +(Ages 10+) - JC <i>Move here at 4:05</i>		<i>JC HH warm-up in Blue then move ← at 4:00pm</i>
4:00pm - 4:45pm				Hip Hop Beg./Cont. (Ages 5-6) PARKING LOT - JM	
4:45pm - 5:40pm		Ballet & Jazz (Ages 6-7) - ST			
4:45pm - 5:55pm	Contemporary Beg./Cont. ! (Ages 12+) - BW				
4:50pm - 5:40pm			Tap Cont. (Ages 12+) - JC	Hip Hop Beg./Cont. (Ages 7-8) PARKING LOT - JM	
5:45pm - 6:40pm		Hip Hop Beg./Cont. (12+) - JC	Ballet Beg./Cont. (Ages 7-8) - ST	Hip Hop Beg./Cont. (Ages 8-11) PARKING LOT - JM	
6:00pm - 6:55pm	Jazz Cont. *! (Ages 9-11) - BW				
6:45pm - 7:35pm		Tap Int./Adv. * (Ages 13+) - JC			
6:45pm - 7:40pm	Hip Hop Int./Adv. +(Ages 13-17) - TJR <i>Move here at 7:00</i>		<i>TJR HH warm-up in Yellow then ← move at 7:00</i>		
7:00pm - 8:00pm				>Adult Cardio Jam - PARKING LOT - JM	
7:45pm-8:40pm	Hip Hop Teen Crew * - TJR				

FRIDAY - 17 weeks

Time	Studio 1 - Red	Studio 2 - Teal	Studio 3 - Yellow	Studio 4 - Blue
2:45pm - 3:15pm		Lil' Funky Freedom (Ages 3-4) - JM		
3:30pm - 4:10pm	Funky Freedom (Ages 4.5-5) - JM			
3:30pm - 4:20pm		Ballet & Tap (Ages 5-6) - ST		
3:35pm - 4:20pm			Tap Beg./Cont. (Ages 7-8) - JC	
4:15pm - 5:00pm	Hip Hop Beg./Cont. (Ages 5-6) - JM			
4:25pm - 5:10pm			Tap Cont. (Ages 9-11) - JC	
4:25pm - 5:20pm		Ballet & Jazz (Ages 6-7) - ST		
5:15pm - 6:10pm			Hip Hop Beg./Cont. (Ages 8-11) - JM	
5:25pm - 6:15pm		NEW to TAP (Ages 12+) - JC		
5:25pm - 6:20pm	Contemporary Beg./Cont ! (Ages 8-11) - ST			

Instructors:

BW = Bela Watson, DR = Dina Ricksen, JC = Justin Cole, JM = Justin Madfes, LC = Linda Craig, ST = Stephanie Tobon, TJR = Taylor Jacobsen-Rios

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