

2024 SUMMER SESSION - ADULT CLASSES

Monday, June 3 - Thursday, August 8

Class	Age	Days	Time	Duration	Start Date	End Date	Studio	Teacher
+ Adult Cardio Jam	Ages 18+	+ Mondays weekly	11:00am-12:00pm	60 min	6 of 10 weeks	All Session	Red-1	Justin M.
Adult Cardio Jam	Ages 18+	Mondays weekly	6:00pm-7:00pm	60 min	weekly	All Session	Parking Lot	Justin M.
* Adult Jazz	Ages 18+	* Tuesdays weekly	11:15am-12:15pm	60 min	9 of 10 weeks	All Session	Red-1	Bela W.
Adult Hip Hop	Ages 18+	Wednesdays weekly	11:00am-12:00pm	60 min	weekly	All Session	Red-1	Justin C.
> Adult Cardio Jam	Ages 18+	> Thursdays weekly	5:45pm-6:45pm	60 min	9 of 10 weeks	All Session	Parking Lot	Justin M.

PLEASE NOTE the following:

+ Adult Cardio Jam (Monday morning 11:00am)

Classes will be held on June 3 & 10, July 15, 22 & 29, and August 5

No classes weeks 3, 4, 5 & 6 (June 17 & 24 or July 1 & 8)

* Adult Jazz (Tuesday morning 11:15am)

Classes will be held on June 11, 18 & 25, July 2, 9, 16, 23 & 30, and August 6

No class week 1 (June 4)

> Adult Cardio Jam (Thursday evening 5:45pm)

Classes will be held weekly on June 6, 13, 20, 27, July 11, 18 & 25, August 1 & 8

No class week 5 (July 4)

Adult Cardio Jam (Monday evening 6:00pm) & Adult Hip Hop (Wednesday morning 11:00am)

Classes will be held weekly throughout the entire session

STUDIO CLOSED - August 9 - 18

FALL SESSION - Begins Monday, August 19, 2024