



Joy in Motion's Fall 2021 Dance Schedule

Monday August 16th - Thursday, December 16th

MONDAY - 16 weeks (No Labor Day & Thanksgiving Week)

<i>Time</i>	<i>Studio 1 - Red</i>	<i>Studio 2 - Teal</i>	<i>Studio 3 - Yellow</i>	<i>Studio 4 - Blue</i>
3:00pm - 3:45pm		Ballet & Tap (Ages 4.5-5) - LC		
3:30pm - 4:15pm	Hip Hop Beg. (Ages 5-6) - JM			
3:30pm - 4:20pm			Ballet & Jazz (Ages 5-6) - BW	
4:00pm - 4:50pm		Tap & Jazz (Ages 5-6) - LC		
4:30pm - 5:20pm	Hip Hop Beg. (Ages 7-8) - JM			
4:30pm - 5:25pm			Tap & Jazz (Ages 6-7) - BW	
5:00pm - 5:55pm		Ballet & Tap (Ages 6-7) - LC		
5:30pm - 6:40pm	Contemporary Adv. *! (Ages 13-17) - BW			
5:40pm - 6:35pm			Hip Hop Beg. (Ages 8-10) - JM	
6:45pm - 7:55pm			Ballet Adv. * (Ages 13-17) - BW	
7:00pm - 8:00pm	<i>Adult Cardio Jam - Indoors - JM</i>			
8:00pm - 8:45pm				Pointe Beg. ^* (Ages 13+) - BW

^ = Dancers must take the ballet technique class immediately preceding pointe.

* = Director Placement by Invitation. Must be enrolled by Joy in Motion.

! = Ballet is recommended for all Jazz and Contemporary students.

TUESDAY - 17 weeks (No Thanksgiving Week)

<i>Time</i>	<i>Studio 1 - Red</i>	<i>Studio 2 - Teal</i>	<i>Studio 3 - Yellow</i>	<i>Studio 4 - Blue</i>
10:00am - 10:30am		< <i>Pre Child Care for Adult Cardio - JC</i>		
10:00am - 11:00am	<i>Adult Cardio Jam - Indoors - JM</i>			
10:30am - 11:00am		Lil' Dreamers Ballet (Ages 3-4) - BW		
11:15am - 11:45am		Lil' Funky Freedom (Ages 3-4) - JM		
11:15am - 12:15pm	<i>Adult Gentle Yoga - Indoors - BW</i>			
11:45am - 12:15pm		< <i>Extended Care for Yoga - JM</i>		
1:20pm - 2:00pm		Funky Freedom (Ages 4.5-5) - JM		
2:45pm - 3:15pm		Lil' Dreamers Ballet (Ages 3-4)- LC		
3:30pm - 4:15pm		Ballet & Jazz (Ages 4.5-5) - LC		
3:30pm - 4:25pm	Hip Hop Int. (Ages 8-11) - JC		Tap & Jazz (Ages 6-7) - BW	
4:30pm - 5:25pm		Ballet & Tap (Ages 6-7) - LC		Ballet Beg./Cont. (Ages 10+) - BW
4:35pm - 5:25pm			Tap Int. (Ages 11-13) - JC	
5:30pm - 6:25pm	Jazz Cont. ! (Ages 10+) - BW	Hip Hop Int./Adv. (Ages 13-17) - JC		
5:45pm - 6:40pm			Hip Hop Int. (Ages 8-11) - TJ	
6:30pm - 7:20pm		Tap Int./Adv. (Ages 13-17) - JC		
6:30pm - 7:40pm	Contemporary Cont./Int. *! (Ages 11+) - BW			
6:45pm - 7:40pm			Hip Hop Int. (Ages 11+) - TJ	
7:45pm - 8:40pm			Hip Hop Crew * (Teen)- TJ	
7:45pm - 8:45pm	<i>Adult Hip Hop Int./Adv. - Indoors - JC</i>	<i>Adult Tap Int. - Indoors - BW</i>		

^ = Dancers must take the ballet technique class immediately preceding pointe.

* = Director Placement by Invitation. Must be enrolled by Joy in Motion.

! = Ballet is recommended for all Jazz and Contemporary students.

< = CHILDCARE available for Adult Cardio Jam or Yoga participants with a dancer in a Lil' morning class drop-in rate of \$20/30 min.

WEDNESDAY - 17 weeks (No Thanksgiving Week)

<i>Time</i>	<i>Studio 1 - Red</i>	<i>Studio 2 - Teal</i>	<i>Studio 3 - Yellow</i>	<i>Studio 4 - Blue</i>
9:45am - 10:45am			<i>Adult Barre Workout - Indoors - BW</i>	
11:00am - 12:00pm	<i>Adult Hip Hop Int./Adv. - Indoors- JC</i>			
2:15pm - 3:00pm	Hip Hop Beg. (Ages 5-6) - JM	Ballet & Tap (Ages 4.5-5) - LC		
3:10pm - 4:00pm	Hip Hop Beg./Cont. (Ages 7-8) - JM			
3:15pm - 4:00pm		Ballet & Jazz (Ages 4.5-5) - LC		
3:20pm - 4:10pm			Ballet & Jazz (Ages 5-6) -BW	
4:10pm - 5:00pm		Tap & Jazz (Ages 5-6) - LC		
4:15pm - 5:10pm	Hip Hop Beg./Cont. (Ages 8-10) - JM			
4:20pm - 5:15pm			Jazz Beg./Cont. ! (Ages 8-10) - BW	
5:20pm - 6:05pm			NEW to Tap (Ages 8-11) - JC	
5:20pm - 6:15pm	Jazz Cont. ! (Ages 8-11) - BW		Hip Hop Beg./Cont. (Ages 11+) - JM	
6:15pm - 7:10pm		Hip Hop Int. (Ages 11+) - TJ		
6:20pm - 7:10pm			Tap Cont./Int. (Ages 8-11) - JC	
6:30pm - 7:25pm		Contemporary Beg./Cont. ! (Ages 9-12) - BW		
7:15pm - 8:00pm		Boys Hip Hop (Ages 10+) - JC		
7:15pm - 8:10pm			Hip Hop Crew * (Ages 8-11) - TJ	
7:30pm - 8:25pm	Jazz Beg./Cont. ! (Ages 11-13) - BW			

^ = Dancers must take the ballet technique class immediately preceding pointe.

* = Director Placement by Invitation. Must be enrolled by Joy in Motion.

! = Ballet is recommended for all Jazz and Contemporary students.

THURSDAY - 16 weeks (No Veteran's Day, Thanksgiving Week)

<i>Time</i>	<i>Studio 1 - Red</i>	<i>Studio 2 - Teal</i>	<i>Studio 3 - Yellow</i>	<i>Studio 4 - Blue</i>	<i>Parking Lot</i>
9:30am - 10:30am	Adult Pilates Mat Workout - Indoors- DR				
11:15am - 12:15pm			Adult Ballet - Indoors - BW		
3:30pm - 4:15pm		Tap & Jazz (Ages 4.5-5) - ST			
4:00pm - 4:50pm			Ballet & Jazz (Ages 5-6) - BW		
4:10pm - 4:50pm	Lil' Tykes Boys (Ages 5-6) - JM				
4:25pm - 5:15pm		Ballet & Tap (Ages 5-6) - ST			
5:00pm - 5:50pm	Hip Hop Beg./Cont. (Ages 7-8) - JM				
5:00pm - 5:55pm				Ballet Beg./Cont. - (Ages 8-11) - BW	
5:25pm - 6:20pm		Ballet & Jazz (Ages 6-7) - ST			
6:00pm - 6:50pm			Tap Cont./Int. (Ages 11-13) - JC		
6:00pm - 6:55pm	Jazz Cont. *! (Ages 13-17) - BW				
6:00pm - 7:00pm					Adult Cardio Jam - PARKING LOT - JM
6:30pm - 7:25pm		Contemporary Beg. ! (Ages 8-11) - ST			
7:00pm - 7:55pm	Hip Hop Int./Adv. (Ages 13-17) - JC			Ballet Int./Adv. (Ages 11+) - BW	
8:00pm - 8:45pm				Pointe Beg. ^* (Ages 13+) - BW	

^ = Dancers must take the ballet technique class immediately preceding pointe.

* = Director Placement by Invitation. Must be enrolled by Joy in Motion.

! = Ballet is recommended for all Jazz and Contemporary students.

FRIDAY - 15 weeks (No Veteran's Day, Thanksgiving Week & Dec. 17th)

<i>Time</i>	<i>Studio 1 - Red</i>	<i>Studio 2 - Teal</i>	<i>Studio 3 - Yellow</i>	<i>Studio 4 - Blue</i>
2:20pm - 3:00pm		Ballet & Tap (Ages 3-4) - ST		
2:35pm - 3:05pm	Lil' Funky Freedom (Ages 3-4) - JM			
3:10pm - 3:55pm		Tap & Jazz (Ages 4.5-5) - ST		
3:25pm - 4:10pm			Tap Beg./Cont. (Ages 7-8) - JC	
3:15pm - 3:55pm	Funky Freedom (Ages 4.5-5) - JM			
4:05pm - 4:55pm			Ballet & Tap (Ages 5-6) - ST	
4:15pm - 5:05pm			Tap Cont. (Ages 8-11) - JC	
4:05pm - 4:55pm	Hip Hop Beg. (Ages 7-8) - JM			
5:10pm - 6:05pm	Hip Hop Beg. (Ages 8-10) - JM		Ballet & Jazz (Ages 6-7) - ST	

New = New to specific genre | **Beg.** = Beginning and good for older beginners or continuing younger dancers.

Beg./Cont. = Class appropriate for students continuing in the style or just starting but have body familiarity.

Cont. = Continuing dancers may have a few years of dance | **Int.** = Intermediate | **Adv.** = Advanced

^ = Dancers must take the ballet technique class immediately preceding pointe.

* = Director Placement by Invitation. Must be enrolled by Joy in Motion.

! = Ballet is recommended for all Jazz and Contemporary students.

Instructors:

BW = Bela Watson, DR = Dina Ricksen, JC = Justin Cole, JM = Justin Madfes, LC = Linda Craig, ST = Stephanie Tobon, TJ = Taylor Jacobsen-Rios

Joy in Motion - 1545 School Street - Moraga, CA 94566

Website: www.joyinmotiondance.org

Email: joy@joyinmotiondance.org

Phone: 925-388-0668